

Virginia Commerce Suggested Panel of Physicians - Hampton Roads/Tidewater

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

Physician	Practice Name	Street	City	State	Zip	Phone #
<u>OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES</u>						
Bruce Britton, MD	Sentara Healthcare	600 Crawford St	Portsmouth	VA	23704	757-397-6344
Richard Craven, MD	Richard Craven, MD	932 Professional Pl, Ste 201	Chesapeake	VA	23320	757-481-9406
Thomas Conage, MD	I & O Medical Center	838-A Old George Washington Hwy	Chesapeake	VA	23323	757-487-9600
	Patient First	2425 Taylor Rd	Chesapeake	VA	23321	757-215-1800
	Patient First	705 N Battlefield Blvd	Chesapeake	VA	23320	757-547-0688
	Patient First	1239 Cedar Rd	Chesapeake	VA	23322	757-549-9935
	Sentara Greenbrier HealthPlex	713 Volvo Pkwy	Chesapeake	VA	23320	757-282-4025
	Sentara Family Medicine Physicians	816 Industrial Ave, Ste 100	Chesapeake	VA	23324	757-233-9055
	Now Care Urgent Care Center	725 Volvo Parkway	Chesapeake	VA	23320	757-842-4100
	Sentara Internal Medicine Physicians	850 Kempsville Rd	Norfolk	VA	23502	757-261-5910
	Now Care Urgent Care Center	7924 Chesapeake Blvd	Norfolk	VA	23518	757-587-1700
Timothy Lee, MD	Sentara Occupational Medicine	2760 Godwin Blvd, Ste 101	Suffolk	VA	23434	757-934-4162
	Now Care Urgent Care Center	3060 Godwin Blvd	Suffolk	VA	23234	757-935-5310
	Lakeview Medical Center	2000 Meade Pkwy	Suffolk	VA	23234	757-539-0251
	Patient First	322 Newtown Rd	Virginia Beach	VA	23462	757-473-8400
	Patient First	3432 Holland Rd	Virginia Beach	VA	23452	757-468-1855
	Patient First	5486 Indian River Rd	Virginia Beach	VA	23464	757-424-2490
	Patient First	1605 General Booth Blvd	Virginia Beach	VA	23454	757-721-0512
	Sentara Family Medicine Physicians	816 Independence Blvd, Ste 100	Virginia Beach	VA	23455	757-363-6800
	Sentara Primary Care	4439 Virginia Beach Blvd	Virginia Beach	VA	23462	757-252-0590
	Sentara Primary Care	984 B Laskin Rd	Virginia Beach	VA	23451	757-395-6900
	Sentara Urgent Care	5320 Providence Rd, Ste 301	Virginia Beach	VA	23464	757-413-7600
	I & O Medical Center	1290 Diamond Springs Rd	Virginia Beach	VA	23455	757-460-0700
	Now Care Urgent Care Center	1168 First Colonial Rd, Ste 100	Virginia Beach	VA	23454	757-352-2020
	Now Care Urgent Care Center	6632 Indian River Rd, Ste 103	Virginia Beach	VA	23464	757-424-4300
	Now Care Urgent Care Center	2088 S Independence Blvd, Ste 103	Virginia Beach	VA	23453	757-275-9331
	Taylor Made Diagnostics	801 Poindexter Street # 218	Chesapeake	VA	23320	757.494.1688
<u>ORTHOPEDIC SPECIALISTS</u>						
Michael Romash, MD	Sports Medicine & Orthopaedic Center	501 Discovery Dr	Chesapeake	VA	23320	757-547-5145
David Goss, MD	Sports Medicine & Orthopaedic Center	501 Discovery Dr	Chesapeake	VA	23320	757-547-5145
David Clifford, MD	Atlantic Orthopaedic Specialists	733 Volvo Pkwy, Ste 300	Chesapeake	VA	23320	757-321-3300
John Aldridge MD	Hampton Roads Ortho & Sports Medicine	730 Thimble Shoals Boulevard # 130	Newport News	VA	23606	757.873.1554
Blake Moore, MD	Atlantic Orthopaedic Specialists	160 Kingsley Ln, Ste 405	Norfolk	VA	23505	757-321-3300

Lawrence Donato, MD	Atlantic Orthopaedic Specialists	6160 Kempsville Circle, Ste 200B	Norfolk	VA	23502	757-321-3300
Andrew Caines, MD	Virginia Orthopaedic & Spine Specialists	1040 University Blvd, Ste 200	Portsmouth	VA	23703	757-673-5680
Nickolas Pezzella, MD	Virginia Orthopaedic & Spine Specialists	3300 High St	Portsmouth	VA	23707	757-673-5680
Anthony Bevilacqua, DO	Sports Medicine & Orthopaedic Center	150 Burnett's Way, Ste 100	Suffolk	VA	23434	757-547-5145
Nicolai Baecher, MD	Sports Medicine & Orthopaedic Center	3920A Bridge Rd, Ste 301	Suffolk	VA	23235	757-547-5145
Gordan Iiams, MD	Sports Medicine & Orthopaedic Center	150 Burnett's Way, Ste 100	Suffolk	VA	23434	757-547-5145
Steven Blasdell, MD	Virginia Orthopaedic & Spine Specialists	2012 Meade Pkwy	Suffolk	VA	23434	757-673-5680
Colin Kingston, MD	Tidewater Orthopaedics	3920A Bridge Rd, Ste 305	Suffolk	VA	23435	757-251-2971
Ernesto Luciano-Perez, MD	Virginia Orthopaedic & Spine Specialists	5838 Harbour View Blvd, Ste 100	Suffolk	VA	23435	757-673-5680
Michael Campbell, MD	Atlantic Orthopaedic Specialists	1975 Glenn Mitchell Dr, Ste 200	Virginia Beach	VA	23456	757-321-3300
Peter Jacobson, MD	Ortho Virginia	1717 Will O Wisp Dr, Ste 100	Virginia Beach	VA	23454	757-422-8476
Brick Campbell, MD	Ortho Virginia	1717 Will O Wisp Dr, Ste 100	Virginia Beach	VA	23454	757-422-8476
Patrick O'Connell, MD	Ortho Virginia	1717 Will O Wisp Dr, Ste 100	Virginia Beach	VA	23454	757-422-8476
Sandra Glasson, MD	Glasson Sports Medicine	968 First Colonial Rd, Ste 101	Virginia Beach	VA	23454	757-412-1005
Timothy Budorick MA	Atlantic Orthopaedic Specialists	1800 Camelot Drive #300	Virginia Beach	VA	23454	757.321.3300
Chad Manke, MD	Atlantic Orthopaedic Specialists	1800 Camelot Dr, Ste 300	Virginia Beach	VA	23454	757-321-3300