

As a best practice, we strongly encourage you as an employer to contact the providers you select for your panel to inform them they are being placed on your panel prior to sending injured workers there to be seen.

Physician	Practice Name	Street	City	State	Zip	Phone #
<i>OCCUPATIONAL MEDICINE / URGENT CARE FACILITIES</i>						
	Ashland Medical Center	100 Medical Drive	Ashland	VA	23005	804-798-8307
	Better Med Urgent Care	300 N Washington Hwy	Ashland	VA	23005	804-537-2905
	Patient First	12101 Chalkley Rd	Chester	VA	23831	804-796-3636
	Patient First	1260 Temple Blvd	Colonial Heights	VA	23836	804-518-2597
	Bon Secours Good Health Express	9851 Brook Rd	Glen Allen	VA	23059	804-893-8702
	Concentra Medical Centers	9900 W Broad St, Ste C	Glen Allen	VA	23060	804-358-0361
	Better Med Urgent Care	12214 W. Broad St	Henrico	VA	23233	804-362-8345
	Ortho Virginia	9369 Atlee Rd, Unit 3107	Mechanicsville	VA	23116	804-440-4878
	Hanover County & Bon Secours GH	8200 Meadowbridge Rd, Ste 301	Mechanicsville	VA	23116	804-442-3750
	Better Med Urgent Care	6296 Mechanicsville Tnpg	Mechanicsville	VA	23111	804-459-8300
	Ortho Virginia	15564 Westchester Commons Way	Midlothian	VA	23113	804-440-4878
	Patient First	11020 Hull St Rd	Midlothian	VA	23112	804-744-6310
	Compass MD	1230 Alverser Dr, Ste 100	Midlothian	VA	23113	804-423-9926
	Better Med Urgent Care	4600 Puddledock Rd	Prince George	VA	23874	804-704-8655
Joseph Andriano, MD	HCA Virginia	2621 Grove Ave	Richmond	VA	23220	804-254-5467
Joseph Andriano, MD	HCA Virginia	7137 Jahnke Rd	Richmond	VA	23225	804-228-6708
	Ortho Virginia	8901 D Three Chopt Rd	Richmond	VA	23229	804-440-4878
	Patient First	12 N Thompson St	Richmond	VA	23221	804-359-1337
	Patient First	2205 N Parham Rd	Richmond	VA	23229	804-270-2150
	Patient First	2300 E Parham Rd	Richmond	VA	23228	804-264-7808
	Patient First	3370 Pump Rd	Richmond	VA	23283	804-360-8061
	Patient First	8110 Midlothian Tnpg	Richmond	VA	23235	804-320-8160
	Concentra Medical Centers	9211 Burge Ave	Richmond	VA	23237	804-275-7200
	Richmond Urgent Care	1770 N Parham Rd, Ste 100	Richmond	VA	23229	804-615-5060
	Working Well LLC	4835 S Laburnum Ave	Richmond	VA	23231	804-226-8989
	Better Med Urgent Care	1380 N Parham Rd	Richmond	VA	23229	804-821-0010
	Better Med Urgent Care	5215 W Broad St	Richmond	VA	23230	804-554-5688
<i>ORTHOPEDIC SPECIALISTS</i>						
Vic Goradia, MD	G2 Ortho and Sports Med	100 Concorse Blvd, Ste 150	Glen Allen	VA	23059	804-678-9000
Seth Cheatham, MD	VCU Health	11958 West Broad St	Henrico	VA	23233	804-360-4669
Michael Petrizzi, MD	VCU Health	11958 West Broad St	Henrico	VA	23234	804-360-4669
Thorp Davis, MD	Ortho Virginia	8200 Meadowbridge Rd	Mechanicsville	VA	23116	804-915-1910
Christopher Lake MD	Ortho Virginia	8200 Meadowbridge Road, Suite 200	Mechanicsville	VA	23116	804.730.2121
Paul Kiritsis, MD	Ortho Virginia	13801 St Francis Blvd, Ste 200	Midlothian	VA	23115	804-915-1910
Adam Crowl, MD	Ortho Virginia	13801 St Francis Blvd, Ste 200	Midlothian	VA	23114	804-915-1910
Joseph Kim, MD	Ortho Virginia	13801 St Francis Blvd, Ste 200	Midlothian	VA	23115	804-915-1910

Josh Herzog, MD	Ortho Virginia	4710 Puddledock Rd, Ste 100	Prince George	VA	23875	804-915-1910
Miles Birmingham, DO	Ortho Virginia	4710 Puddledock Rd, Ste 100	Prince George	VA	23876	804-915-1910
Michael Mariscalco, MD	Ortho Virginia	4710 Puddledock Rd, Ste 100	Prince George	VA	23877	804-915-1910
Paul McDermott, Jr, MD	Ortho Virginia	7858 Shrader Road	Richmond	VA	23295	804-915-1911
Douglas Boardman, MD	VCU Health	9000 Stony Point Pkwy	Richmond	VA	23235	804-628-4206
Michael Brown, MD	Ortho Virginia	5899 Bremono Rd	Richmond	VA	23226	804-915-1910
Peter White, MD	Ortho Virginia	1400 Johnston-Willis Dr	Richmond	VA	23235	804-915-1910
Robert Adelaar, MD	VCU Health	417 N 11th St	Richmond	VA	23220	804-828-7069
Victoria Matt, MD	Tuckahoe Orthopaedic	1501 Maple Ave	Richmond	VA	23229	804-285-2300
Jonathan Isaacs, MD	VCU Health	417 N 11th St	Richmond	VA	23221	804-828-7069
David Galpern MD	Comprehensive Hand Surgery Cen	2819 N Parham Rd, Ste 100	Richmond	VA	23294	804.215.3462
J.E.B. Stuart, MD	Ortho Virginia	1115 Boulders Pkwy	Richmond	VA	23225	804-915-1910
Sanjay Desai, MD	Ortho Virginia	7650 E Parham Rd, Ste 100	Richmond	VA	23295	804-915-1911
Colin A Mudrick MD	Tuckahoe Orthopaedics	1501 Maple Ave	Richmond	VA	23226	804.285.2300
John Cardea, MD	VCU Health	417 N 11th St	Richmond	VA	23219	804-828-0713
Marion Herring, MD	Ortho Virginia	7858 Shrader Road	Richmond	VA	23295	804-915-1911
Harry Shaia, MD	Ortho Virginia	7650 E Parham Rd, Ste 100	Richmond	VA	23294	804-915-1910
Shannon Wolfe, MD	Tuckahoe Orthopaedic	1501 Maple Ave	Richmond	VA	23226	804-285-2300
Jed Vanichkachorn, MD	Tuckahoe Orthopaedic	1501 Maple Ave	Richmond	VA	23228	804-285-2300
Ricky Placide, MD	VCU Health	417 N 11th St	Richmond	VA	23219	804-828-7069
Warren Kirby, MD	Ortho Virginia	7858 Shrader Road	Richmond	VA	23294	804-915-1910
Scott Putney, MD	Tuckahoe Orthopaedic	1501 Maple Ave	Richmond	VA	23227	804-285-2300
David Urquia MD	VCU Sports Medicine	417 N 11th Street	Richmond	VA	23219	804.828.7069
Thomsa Loughran MD	VCU Sports Medicine	1300 West Broad Street, Suite 113	Richmond	VA	23284	804.828.713